

Our Children



Our children are like gardens – providing good nutritional supplements today yields a healthier child tomorrow.

Understanding Their Nutritional Needs through all the Cycles of Life.

As a father and grandfather as well as a practitioner of naturopathy for many years, children's health has always been important to me. In fact, some of my first formulations were designed to support the health of the children in my life.

It is my belief and understanding that nutritional needs vary at different stages/ages of life and gender is a critical consideration as well.

Based on that you will find my dietary supplements to be some of the healthiest and most comprehensive, truly targeted to the needs of all your children as they grow.

We must understand that the body constantly seeks to keep itself in homeostasis, or balance. When homeostasis is disturbed, there will be an impact on good health. This is why I formulate products designed to nourish the body, not simply to alleviate symptoms. All my products contain synergistic blends of key highly absorbable nutrients. Those ingredients could include, vitamins, minerals, amino acids, essential fatty acids, herbs, and bioflavonoids.

Additionally, in children's health, the approach is clear with regard to sugar. Current research suggests a possible link between the mushrooming use of added sweeteners, particularly high-fructose corn syrup, and an alarming increase in obesity and diabetes in this country.¹

We do not use any added sugars in any of our children's products. We use xylitol, glycerin, natural fruit juices and stevia (naturally sweet herb). Each has its own nutritional benefits but xylitol is especially well known for its application in dental health as well.

Be Well, Michael Schwartz

**"Children make-up
33% of our
population and
100% of our future."**

NEWBORNS & TODDLERS

We begin by nourishing the newborn and continue right through toddler age with our liquid multi-vitamin, MICHAEL'S® Pedia Vites™ Infant and Toddler Multi-Vitamin. To increase absorption and improve taste, the nutrients are delivered in a glycerin base. The product contains vitamins A, C, D, E and the B-complex and Zinc, nutrients so vital for a young, growing body.

YOUNG CHILDREN

Once your children are able to chew tablets, they move on to our Children's Chewables – taste-tested by our own children. This product is "tutti frutti" flavored and contains both xylitol and stevia for their taste as well as nutritional qualities associated with good dental health.

Healthy sweeteners should be a serious consideration in your choice of children's nutritional supplements. Read labels to help avoid fructose, corn sweeteners and the like.

All the nutrients in MICHAEL'S® Children's Chewables are focused on the growth and development needs of young children.

- **B vitamins are essential to children** because of high energy needs. The B vitamins Folic Acid and Vitamin B12, are both required for the developing nervous system.



- **Children have a great need for Iron**, not only because it is a part of hemoglobin but also because it is needed for the production of collagen, the connective tissue produced during growth of all tissues and organs.

- **Vitamin C helps with the absorption of Iron** and is also needed for the production of collagen.

- **Iodine is for the production of thyroid hormones** essential for growth and development

PRE TEENS & TEENS

Consider the lifestyles of the pre-teens and teens in your life. Most kids lead a busy lifestyle with the daily pressures of peer groups, school demands, perhaps sports or other outside activities. Good eating habits and sound sleep are critical during this time period but do not always occur. Fast food and coffee are not an unusual diet for teens these days, unfortunately.

So what can we do to make sure our kids are getting the proper nutrients they need? While you are working on their meal sources, we can help you understand what to look for in a multi-vitamin supplement for your children to help them endure the stresses that life brings their way.

Consider the gender and age of your children when picking a multi-vitamin. Gender- and age-specific vitamins are geared to the varying nutritional needs at different stages of growth and development.

Pre-pubescent girls and boys between the ages of 7-12 years should consider taking **MICHAEL'S Pre-Teen Girls** or **Pre-Teen Boys** multi-vitamins.

The Formulas Contain:

Bioflavonoids. Including Rutin and Hesperidin, they work synergistically with Vitamin C to promote integrity and strength of tissues, important to development and also to immune strength.

Biotin. Needed for energy reactions; Biotin production by intestinal bacteria may be interrupted by antibiotic usage.

Choline. A B-vitamin needed for brain development and neurotransmitter function.

Unsaturated Fatty Acids. Needed for healthy cellular membrane growth and repair.

Vitamins A, C, D and E. For immune support, connective tissue integrity and healthy bone development. The liver, skin and eyes are also supported by these nutrients.

"The world is as many times new as there are children in our lives."

Vitamin A. For growth, immune system health, bone growth and development of healthy teeth.

B-vitamins. For adrenal support, fat metabolism and energy production.

Note:

B-vitamins are water-soluble nutrients, which must be consumed daily because they may be lost in urine and sweat. They are needed for activation of enzymes that regulate energy activities in the body. The need for them is greater

during stressful occasions or strenuous activities such as sports participation. They help to combat stress because of their role in nervous system health and adrenal health.

Vitamin C. Essential for connective tissue, bones, cartilage, skin and immune system function.

Vitamin D. For bones, teeth and the immune system.

Vitamin E. Acts as an antioxidant to protect cell membranes. Also for reproductive system health and development.

Zinc. For all cellular growth, for healthy reproductive system development and essential for the immune system. Needed for carbohydrate metabolism because of its role as co-factor in insulin production.

The **Pre-Teen Boys** and **Teen Boys** both contain a traditional male herbal blend of Pumpkin Seed, Sarsaparilla and Ginseng to support healthy male reproductive system development.

If your teens are more concerned with how they look than how their bodies are working on the inside, remember to tell them how well they function, inside or not, will be reflected on the outside over time.

Acne, hair, skin and nail growth, reproductive development, and muscular strength will all be determined by what the body is given as nutritional support. Additional nutritional support for the health and appearance of your teen's skin can be achieved with **Skin Factors™**, which targets some of the causes of non-cystic acne.

MINERALS FOR BOYS AND GIRLS

In addition to a daily multi-vitamin, it is important to incorporate **MICHAEL'S® Minerals for Boys & Girls**. Minerals are essential to growth, development, and the overall health of your children. **Minerals for Boys and Girls** contains Calcium, Magnesium, Zinc and Boron all needed to support growth, development, and healthy bones and teeth. In addition, Calcium, Magnesium and Potassium provide nourishment to the nervous system, supporting restful sleep and reduced stress. Our mineral formula also contains Iron which is important in hemoglobin production within the blood. Selenium and Molybdenum are both important antioxidants, and contain properties necessary to support healthy skin. Zinc also assists the body in repairing the skin. Finally, **MICHAEL'S® Minerals for Boys & Girls** contains Bioperine® which expedites assimilation and utilization of the nutrients.

REFERENCES

¹Tortora, Gerard J. & Grabowski, Sandra R.. (1993). *Principles of Anatomy and Physiology* (7th ed.). New York: Harper Collins College Publishers, 9-10.



FEATURED PRODUCTS

PEDIA-VITES™

INFANT & TODDLER MULTI-VITAMIN

A daily, liquid multi-vitamin with a natural citrus flavor, shown in studies to be preferred by children. In a glycerin base.

CHILDREN'S CHEWABLES™

A daily formula providing a blend of nutrients for the growing child up to 8 years of age. Flavored with natural fruits.

PRE-TEEN BOYS MULTI-VITAMIN

A daily formula containing essential nutrients and herbs for growing boys ages 9-12. Extra choline, inositol and niacin for cholesterol and fat metabolism are combined with extra pantothenic acid for more energy and to help the body deal with stress. Herbs traditionally used by males for health are also included.

PRE-TEEN GIRLS MULTI-VITAMIN

A daily formula containing essential nutrients and herbs for growing girls ages 9-12. Extra choline, inositol and niacin for cholesterol and fat metabolism are combined with extra pantothenic acid for more energy and to help the body deal with stress. Herbs traditionally used by females for health are also included.

TEEN BOYS MULTI-VITAMIN

Ideal for the physically active teen. A daily formula containing specific nutrients essential for a healthy male body, as well as herbs traditionally used by males for health. The blend of pantothenic acid with OptiZinc® is perfect for assisting teens in dealing with life's stresses and high-powered school responsibilities. Choline, inositol and niacin support cholesterol and fat metabolism.



TEEN GIRLS MULTI-VITAMIN

Ideal for the physically active teen. A daily formula containing specific nutrients essential for a healthy female body, as well as herbs traditionally used by females for health. The blend of pantothenic acid with OptiZinc® is perfect for assisting teens in dealing with life's stresses and high-powered school responsibilities. Choline, inositol and niacin support cholesterol and fat metabolism.

MINERALS FOR BOYS & GIRLS

A daily formula containing essential minerals for growing boys and girls ages 9-18. Supports normal bone development, restful sleep and proper sugar metabolism. Contains zinc to support good tissue growth and repair. Bioperine® expedites assimilation and utilization.

NERVE FACTORS™

Formulated to replace nutrients lost during stressful conditions. Promotes calm relaxation without drowsiness. An effective relaxant for stress, tension and muscle cramps. Contains valerian root and passionflower, plus nutrients such as calcium, B-6 and magnesium for proper nervous system function.

SKIN FACTORS™

Supports mild and non-cystic acne conditions and overall skin health. Contains antioxidant vitamins A, C and E plus selenium and a proprietary blend of unsaturated fatty acids, red clover flower, dandelion root and milk thistle seed to promote healthy skin.



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MICHAEL'S® NATUROPATHIC PROGRAMS,
A DIVISION OF INNER HEALTH GROUP, INC.
6003 RANDOLPH BOULEVARD
SAN ANTONIO, TEXAS 78233

1-800-845-2730 ● www.michaelshealth.com ● Revised June 2011
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Teen Boys Tablets & Capsules Teen Girls Tablets & Capsules Skin Factors™



Pre-Teen Boys

Supplement Facts

Serving Size: One (1) Tablet

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	5000 IU 100%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	50 IU 167%
Thiamin (as Thiamin Mononitrate)	20 mg 133%
Riboflavin	20 mg 1176%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg 100%
Folic Acid (as Folicin)	400 mcg 100%
Vitamin B-12 (as Cobalamin)	200 mcg 333%
Biotin	20 mcg 27%
Pantothenic Acid (d-Calcium Pantothenate)	40 mg 40%
Zinc (as Zinc Monomethionine**)	7 mg 47%

Proprietary Blend 281 mg*
Unsaturated Fatty Acids (Soy Lecithin), Biotin, Biotinonoids (from Citrus), Inositol, Choline (as Choline Bitartrate), PABA (Para-aminobenzoic Acid), Pumpkin Seed (Cucurbita pepo), Sarsaparilla Root (Smilax officinalis) & Oriental Ginseng Root (Panax ginseng)

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Maltodextrin, Stearic Acid & Vegetable Magnesium Stearate.

**OptiZinc® is a Trademark of InterHealth Nutraceuticals Inc.

Pre-Teen Girls

Supplement Facts

Serving Size: Two (2) Tablets

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	5000 IU 100%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU 333%
Thiamin (as Thiamin Mononitrate)	20 mg 133%
Riboflavin	20 mg 1176%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg 100%
Folic Acid (as Folicin)	400 mcg 100%
Vitamin B-12 (as Cobalamin)	200 mcg 333%
Biotin	200 mcg 67%
Pantothenic Acid (as d-Calcium Pantothenate)	40 mg 40%
Zinc (as Zinc Monomethionine**)	5 mg 33%
Manganese (as Manganese Chelate)	5 mg 250%

Proprietary Blend 245 mg*
Essential Fatty Acids (from Flax Seed) (7% gamma Linolenic Acid, 64% Linoleic Acid), Biotinonoids (from Citrus), Rutin, Choline (as Choline Bitartrate), Inositol, Blessed Thistle (Whole Plant) (Cnicus benedictus), PABA (Para-aminobenzoic Acid), Hesperidin, Echinacea Root (Echinacea purpurea) & Parsley Leaf (Petroselinum sativum)

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Maltodextrin, Stearic Acid & Vegetable Magnesium Stearate.

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Teen Boys Tablets

Supplement Facts

Serving Size: Two (2) Tablets

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	10,000 IU 200%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU 333%
Thiamin (as Thiamin Mononitrate)	40 mg 266.7%
Riboflavin	40 mg 235.3%
Niacin (as Niacinamide)	80 mg 400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	40 mg 200%
Folic Acid (as Folicin)	400 mcg 100%
Vitamin B-12 (as Cobalamin)	500 mcg 833.3%
Biotin	40 mcg 13%
Pantothenic Acid (d-Calcium Pantothenate)	80 mg 800%
Zinc (as Zinc Monomethionine**)	15 mg 100%

Proprietary Blend 425 mg*
Choline (as Choline Bitartrate), Inositol, Unsaturated Fatty Acids (Soy Lecithin) Biotinonoids (from Citrus), PABA (Para-aminobenzoic Acid), Pumpkin Seed (Cucurbita pepo), Oriental Ginseng Root (Panax ginseng), Saw Palmetto Berry (Serenoa serrulata), Sarsaparilla Root (Smilax officinalis), Rutin & Hesperidin

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Maltodextrin, Stearic Acid & Vegetable Magnesium Stearate.

**OptiZinc® A Trademark of InterHealth Nutraceuticals Inc.

Teen Boys Capsules

Supplement Facts

Serving Size: Two (2) Veggie Capsules

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	10,000 IU 200%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU 333%
Thiamin (as Thiamin Mononitrate)	40 mg 266.7%
Riboflavin	40 mg 235.3%
Niacin (as Niacinamide)	80 mg 400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	40 mg 200%
Folic Acid (as Folicin)	400 mcg 100%
Vitamin B-12 (as Cobalamin)	500 mcg 833.3%
Biotin	40 mcg 13%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg 800%
Zinc (as Zinc Monomethionine**)	15 mg 100%

Proprietary Blend 425 mg*
Choline (as Choline Bitartrate), Inositol, Unsaturated Fatty Acids (Soy Lecithin), Biotinonoids (from Citrus), PABA (Para-aminobenzoic Acid), Pumpkin Seed (Cucurbita pepo), Oriental Ginseng Root (Panax ginseng), Saw Palmetto Berry (Serenoa serrulata), Sarsaparilla Root (Smilax officinalis), Rutin & Hesperidin

*Daily Value not established.

OTHER INGREDIENTS: Cellulose, Dicalcium Phosphate, Maltodextrin & Vegetable Magnesium Stearate.

**OptiZinc® A Trademark of InterHealth Nutraceuticals Inc.

Teen Girls Tablets

Supplement Facts

Serving Size: Two (2) Tablets

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	10,000 IU 200%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU 333%
Thiamin (as Thiamin Mononitrate)	40 mg 266.7%
Riboflavin	40 mg 235.3%
Niacin (as Niacinamide)	80 mg 400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	40 mg 200%
Folic Acid (as Folicin)	400 mcg 100%
Vitamin B-12 (as Cobalamin)	500 mcg 833.3%
Biotin	400 mcg 133%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg 800%
Zinc (as Zinc Monomethionine**)	10 mg 67%
Manganese (as Manganese Chelate)	10 mg 500%

Proprietary Blend 425 mg*
Choline (as Choline Bitartrate), Inositol, Unsaturated Fatty Acids (from Flax Seed) (7% gamma Linolenic Acid, 64% Linoleic Acid), Biotinonoids (from Citrus), PABA (Para-aminobenzoic Acid), Dong Quai Root (Angelica sinensis), Red Raspberry Leaf (Rubus idaeus), Dandelion Root (Taraxacum officinale), Licorice Root (Glycyrrhiza glabra), Rutin & Hesperidin

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Maltodextrin, Stearic Acid & Vegetable Magnesium Stearate.

**OptiZinc® A Trademark of InterHealth Nutraceuticals Inc.

Teen Girls Capsules

Supplement Facts

Serving Size: Two (2) Veggie Capsules

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	10,000 IU 200%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D (as Ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU 333%
Thiamin (as Thiamin Mononitrate)	40 mg 266.7%
Riboflavin	40 mg 235.3%
Niacin (as Niacinamide)	80 mg 400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	40 mg 200%
Folic Acid (as Folicin)	400 mcg 100%
Vitamin B-12 (as Cobalamin)	500 mcg 833.3%
Biotin	400 mcg 133%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg 800%
Zinc (as Zinc Monomethionine**)	10 mg 67%
Manganese (as Manganese Chelate)	10 mg 500%

Proprietary Blend 425 mg*
Choline (as Choline Bitartrate), Inositol, Unsaturated Fatty Acids (from Flax Seed) (7% gamma Linolenic Acid, 64% Linoleic Acid), Biotinonoids (from Citrus), PABA (Para-aminobenzoic Acid), Dong Quai Root (Angelica sinensis), Red Raspberry Leaf (Rubus idaeus), Dandelion Root (Taraxacum officinale), Licorice Root (Glycyrrhiza glabra), Rutin & Hesperidin

*Daily Value not established.

OTHER INGREDIENTS: Cellulose, Dicalcium Phosphate & Vegetable Magnesium Stearate.

**OptiZinc® A Trademark of InterHealth Nutraceuticals Inc.



Skin Factors™

Supplement Facts

Serving Size: Three (3) Tablets

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	4500 IU 90%
Vitamin C (as Calcium Ascorbate)	150 mg 250%
Vitamin E (as d-alpha Tocopheryl Succinate)	150 IU 500%
Niacin (as Niacinamide)	150 mg 750%
Zinc (as Zinc Monomethionine**)	30 mg 200%
Selenium (as L-Selenomethionine)	75 mcg 107%

Proprietary Blend 1.25 g (1250 mg)*
Unsaturated Fatty Acids (Flax Seeds) (7% gamma Linolenic Acid, 64% Linoleic Acid), Red Clover Flower (Trifolium pratense), Dandelion Root (Taraxacum officinale), Milk Thistle Seed (Silybum marianum) & Burdock Root (Arctium lappa)

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Maltodextrin, Stearic Acid & Vegetable Magnesium Stearate.

**OptiZinc® A Trademark of InterHealth Nutraceuticals Inc.

Minerals For Boys & Girls

Supplement Facts

Serving Size: Two (2) Tablets

Amount Per Serving	% Daily Value	Ages 9-10	Ages 11-12
Calcium (as Calcium Carbonate, Citrate)	400 mg	50%	33%
Iron (as Ferrous Fumarate)	10 mg	100%	66%
Iodine (from Kelp)	125 mcg	100%	83%
Magnesium (as Magnesium Oxide)	150 mg	88%	38%
Zinc (as Zinc Oxide)	12 mg	120%	100%
Selenium (as L-Selenomethionine)	50 mcg	167%	100%
Manganese (as Manganese Sulfate)	5 mg	166%	100%
Chromium (as Chromium Chelate)	80 mcg	40%	40%
Molybdenum (as Sodium Molybdate)	30 mcg	20%	12%
Potassium (as Potassium Citrate)	99 mg	6%	5%

Proprietary Blend 10 mg*
Bioperine® (Piper nigrum) (Fruit) [Standardized for 95% Piperine], Betaine Hydrochloride, Boron (as Boron Citrate/Aspartate/Glycinate Complex) & Vanadium (as Vanadyl Sulfate)

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Modified Cellulose Gum, Silicon Dioxide, Vegetable Magnesium Stearate, Maltodextrin & Hydroxypropylmethyl Cellulose.

Bioperine® is a trademark of the Sabinsa Corporation



Children's Chewables

Supplement Facts

Serving Size: 1-3 Years, One (1) Chewable Tablet

4-8 Years, Two (2) Chewable Tablets

Servings Per Container: 1-3 Years, 90 4-8 Years, 30

Amount Per Serving	1-3 yrs	%DV	4-8 yrs	DV%
Total Calories:	<1	<1%	<1	<1%
Calories from Fat	<1	<1%	<1	<1%
Total Fat:	0.5 mg	<1%*	40 mg	<1%*
Total Carbohydrates:	0.5 g	<1%*	1.0 g	<1%*
Dietary Fiber	<200 mg	<1%*	<400 mg	<1%*
Sugars	<150 mg	*	<300 mg	*
Vitamin A (as Beta Carotene)	2500 IU	70%	5000 IU	104%
Vitamin C (as Ascorbic Acid)	50 mg	125%	100 mg	222%
Vitamin D (as Ergocalciferol)	100 IU	25%	200 IU	50%
Vitamin E (as d-alpha Tocopheryl Succinate)	7.5 IU	125%	15 IU	214%
Vitamin K (Phylloquinone)	5 mcg	17%	10 mcg	18%
Thiamin	1 mg	200%	2 mg	333%
Riboflavin	1 mg	200%	2 mg	333%
Niacin (as Niacinamide)	10 mg	167%	20 mg	250%
Vitamin B-6 (as Pyridoxine)	1 mg	200%	2 mg	333%
Folic Acid	200 mcg	133%	400 mcg	200%
Vitamin B-12	3 mcg	333%	6 mcg	500%
Biotin	23 mcg	231%	45 mcg	375%
Pantothenic Acid (as Calcium Pantothenate)	5 mg	250%	10 mg	333%
Calcium (as Citrate)	50 mg	10%	100 mg	12.5%
Iron (as Iron Fumarate)	2.5 mg	25%	5 mg	50%
Iodine (from Kelp)	50 mcg	71%	100 mcg	83%
Magnesium (as Magnesium Citrate)	5 mg	7%	10 mg	8%
Zinc (as Zinc Oxide)	5 mg	50%	10 mg	100%
Manganese (as Manganese Sulfate)	0.5 mg	33%	1 mg	30%
Chromium (as Chromium Polynicotinate**)	10 mcg	13%	20 mcg	17%
Proprietary Blend	30 mg*		60 mg*	
Biotinonoid Complex (Citrus), Flaxseed Powder, Choline (as Choline Bitartrate), Inositol & PABA (Para-aminobenzoic Acid)				

*Daily Value not established **Percent Daily Value based on a 2000-calorie diet

OTHER INGREDIENTS: Xylitol, Stevia, Citric Acid, Curcumin, Strawberry Powder, Tutti Frutti Flavor, Vanilla Flavor, Citrus Powder, Natural Orange Powder, Cellulose, Stearic Acid, Silica, Vegetable Stearate, Sodium Alginate & Potassium Amino Acid Chelate.

**Chromomate® is a Trademark of InterHealth Nutraceuticals Inc.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a physician or Poison Control Center immediately.

Pedia Vites™

Supplement Facts

Serving Sizes:

Infants: One (1) Teaspoon (5 ml)

1-3 Years: Two (2) Teaspoons (10 ml)

Servings Per Container: Infants: 48, 1-3 Years: 24

Amount Per Serving	% Daily Value	Infants	% Daily Value	1-3 years
Vitamin A (as Retinyl Palmitate)	1250 IU	104%	2500 IU	278%
Vitamin C (as Ascorbic Acid)	50 mg	100%	100 mg	333%
Vitamin D (from Ergosterol)	200 IU	50%	400 IU	100%
Vitamin E (as d-Alpha Tocopherol)	7.5 IU	100%	15 IU	166%
Thiamin (as Thiamin Hydrochloride)	0.5 mg	333%	1 mg	200%
Riboflavin	0.8 mg	200%	1.6 mg	320%
Niacin (as Niacinamide)	6 mg	150%	12 mg	200%
Vitamin B-6 (as Pyridoxine Hydrochloride)	0.7 mg	233%	1.4 mg	280%
Folate (as Folic Acid)	50 mcg	63%	100 mcg	66%
Vitamin B-12 (as Cyanocobalamin)	3 mcg	333%	6 mcg	666%
Biotin	10 mcg	166%	20 mcg	250%
Pantothenic Acid (as d-Panthenol)	3 mg	166%	6 mg	333%
Zinc (as Zinc Gluconate)	1.5 mg	50%	3 mg	166%

OTHER INGREDIENTS: Purified Water, Glycerine, Natural Citrus Flavoring, Stevia, Citric Acid, Xanthan Gum, Polysorbate, Potassium Sorbate & Sodium Benzoate.

Nerve Factors™

Supplement Facts

Serving Size: One (1) Tablet

Amount Per Serving	% Daily Value
Niacin (as Niacinamide)	75 mg 375%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1250%
Calcium (as Calcium Phosphate, Chelate)	150 mg 15%
Magnesium (as Magnesium Oxide, Chelate)	150 mg 38%
Proprietary Blend	400 mg*
Hops Flower (Humulus lupulus), Inositol, Valerian Root (Valeriana officinalis), Tyrosine (as L-Tyrosine) & Passion Flower (Leaf and Flower) (Passiflora foetida)	

*Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Stearic Acid & Vegetable Magnesium Stearate.



❖ This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.